International Volunteer Project Workshop: Exploring Challenges and Developing Best Practices
Francis G. Serio, DMD, MS, MBA, FACD, FICD, FPFA, FADI (Hon.)  
Founder and Director,  
Dominican Dental Mission Project  
2015 ADA Humanitarian Award Recipient  
2004 AAP Humanitarian Award Recipient  
Diplomate, American Board of Periodontology
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OSAP.org
Because Safety Matters
Special Thanks to the Planning Committee

- Dr. Ronald Fritz
- Dr. Robert Meyer
- Dr. Francis G. Serio
- Dr. Karl Woodmansey

And all the others whose suggestions will make today a success

Kudos to Ms. Briana Rowland of the ADAF staff who always makes us look good
Welcome to this historic meeting!
Over
1000 years
of collective experience in
this room
**Special Guests**

- **ADA Humanitarian Award Recipients**
  - Dr. Ron Lamb — 2012
  - Dr. Francis G. Serio — 2015
  - Dr. T. Bob Davis — 2018

- **Dr. Judith Lasker** — Professor at Lehigh University
  - Author of “Hoping to Help”
Why is this meeting important?
Providing Dental Care Around the World

Dentists Discuss Mission Work and Volunteering Outside the Office

How to Have Big Fun In the Big Easy During AGD2018
p.8

The Changing Landscape of Dental Labs
p.20
Charge for the day:
Your charge is to make the day a success. As you leave this afternoon, best practices for selected topics of interest should be defined. There may be more than one way to do something, but finding the best way will be of great value. This means that for some, your favorite approach may not be the best approach. Be open to allow the best practice to be brought to the fore. The results of this workshop can be a tremendous resource for those new to volunteering or those who have been at it for many years.
The Agenda:
# International Volunteer Project Workshop

**Friday, May 11, 2018**

<table>
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<tr>
<th>Time</th>
<th>Activities</th>
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<td>7:15 a.m.</td>
<td>Breakfast</td>
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<td>8 a.m.</td>
<td>Orientation</td>
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<td>8:10 a.m.</td>
<td>Dr. Francis G. Serio — Introduction of the workshop and initial comments on the challenges of volunteer projects</td>
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| 8:55 a.m. | Breakout Sessions
  - Identifying locations and existing sites for new teams; Linking with local counterpart-felt needs
  - Sustainability
  - Volunteer recruitment
  - On-site arrangements: Lodging, food, security, and translators
  - Logistics: Moving equipment, supplies, and personnel
  - Financing/fundraising: To be a 501(c)(3) or not to be |
| 10 a.m.  | Break                                                                      |
| 10:15 a.m. | Group Presentations                                                       |
| 11:10 a.m. | Summary Discussion/Consensus by Entire Conference                        |
| Noon    | Lunch                                                                     |
| 1 p.m.   | Dr. David Frost — Ethical considerations and international volunteer projects |
| 1:45 p.m. | Breakout Sessions
  - Legal issues for individuals and institutions: Is malpractice an issue?
  - Positive and negative impacts on the local community
  - Integrating non-dental agendas into a dental project
  - The student experience: What are the limits, ethics, and legal concerns?
  - Infection control, sterilization, and patient and volunteer safety
  - Integration of locals, volunteer/patient selection, and follow-up care |
| 2:50 p.m. | Group Presentations                                                       |
| 4 p.m.   | Summary Discussion/Consensus by entire conference                         |
| 4:50 p.m. | Concluding Remarks                                                        |
| 5 p.m.   | Adjournment                                                                |
Introductory Comments
Volunteer projects: They are all similar and all different at the same time.
All projects

- Start with an idea
- Find a site/join a project
- Develop goals: site visit and inclusion of locals critical
- Recruit volunteers
- Find funding
- Logistics
- On-site arrangements
- Project execution
- Post mortem
The details for each site are different — and the devil is in the details.
“We are trying to get away from the term ‘best practices’ and go with ‘inspiring practices,’ because best is not best for all.”

Sarah Hayes, Director, Global Corporate Volunteer Council, from Lasker, “Hoping to Help,” p. 161
Lasker’s Nine Practices to Help Create Effective Health-related Volunteer Programs
Lasker’s Nine Practices

- Foster *mutuality* between sponsor organizations and host-country partners at every stage.
- Maintain *continuity* of programming.
- Conduct substantive needs *assessment*, with host-community involvement.
- *Evaluate* processes and outcomes and incorporate the results into improvements.
Lasker’s Nine Practices

- Focus on prevention.
- Integrate diverse types of health services.
- Build local capacity.
- Strengthen volunteer preparation.
- Have volunteers stay longer.
A few words about project safety
The primary, secondary, and tertiary responsibilities of the project director are to get everyone home safely.
DESTINATION GUIDE

DOMINICAN REPUBLIC

Capital: Santo Domingo
Time Zone: -4 hours GMT.
Tel. Country Code: 809

TRAVEL ADVISORY - DOMINICAN REPUBLIC

Travelers to Central and South America and the Caribbean need to protect themselves against mosquito-transmitted viruses, such as dengue and Zika, as well as nighttime biting mosquitoes in countries where there is the threat of malaria. I recommend all travelers use a combination of DEET or Picaridin repellent on their skin and Permethrin fabric insecticide on their clothing for greater than 99% protection against mosquito and tick bites.
Welcome Traveler!

Do you have questions about vaccines, jet lag, post-travel illness, malaria or most any other subject? You'll find the vital information here.

The 2016 International Travel Health Guide covers these important topics:

- Immunizations
- Travelers' Diarrhea
- Mosquito & Tick Bites
- Altitude Illness
- Jet Lag & Motion Sickness
- Medical Care Abroad
- Air Ambulance Services
- Travel & Pregnancy

…and more!

"...EVERYTHING YOU'VE EVER WANTED TO KNOW ABOUT YOUR HEALTH WHILE TRAVELING. VERY USEFUL IF GOING TO A LESSER-DEVELOPED..."
Local First Aid

- Ciprofloxacin
- Hydroxychloroquine
- EpiPen®/other epi forms: easier is better in an emergency
- Diphenhydramine
- Percutaneous exposures (HIV primarily)
  - OraQuick®
  - Isentress® (raltegravir)
  - Truvada® (emtricitabine and tenofovir)
The first in-home oral HIV test

- **Trusted**: The same test healthcare professionals have used for years.
- **Fast**: Results in 20 minutes.
- **Oral**: A quick oral swab... no blood required.
- **Confidential**: 24/7 call-center support.
- **Safe & Effective**: FDA approved.

Learn More
Emergency Evacuation - International Travel Insurance Group
https://www.internationalinsurance.com/emergency-evacuation
Make sure you are covered with a premium evacuation plan. Evacuation plans will transport you to a medical facility in case of emergency or medical crisis.
Questions and Answers - Benefits

Medical & Emergency Evacuation Insurance ... - Travel Guard
Travel Guard’s emergency medical evacuation travel insurance covers your medical evacuation and transport home. Purchase online for immediate coverage.

SafeTrip International Travel Medical Insurance - formerly ...
https://uhcsafetrip.com
International travel medical insurance and assistance from UnitedHealthcare offers flexible travel medical coverage, trip cancellation protection, and more.

Travel Insurance, Travel Health Insurance, & Medical ...
https://wwwnc.cdc.gov/travel/yellowbook/2016/the-pre-travel...
SUPPLEMENTAL TRAVEL HEALTH AND MEDICAL EVACUATION INSURANCE. Travel health insurance and medical ... In a study of international travelers with travel health ...

Insurance Providers for Overseas Coverage - Travel
travel.state.gov › ... › Before You Go › Your Health Abroad
Travel.State.Gov > International Travel > Before You Go > Your Health Abroad > Insurance Providers for Overseas ... Evacuation Services provides ... INTERNATIONAL ...

Medical Evacuation Travel Insurance | Travel Insurance Review
www.travelinsurance review.net › Plans
Medical evacuation plans, often called Medevac plans, are focused on emergency medical evacuations, international security evacuations and repatriation.
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Medjet Passbook

Member Testimonials
Gallagher Charitable insures individuals, groups and mission sending agencies, providing peace of mind through insurance designed to meet the demands of international work. We support good work around the world by protecting the people who do that work. [Learn More »]
Some resources
DENTAL MISSION MANUAL
FOR PORTABLE, SHORT-TERM DENTAL TRIPS

“The harvest is plentiful, but the workers are few.” (Matthew 9:37)
HOPING TO HELP

THE PROMISES AND PITFALLS OF GLOBAL HEALTH VOLUNTEERING

Judith N. Lasker
Where There Is No Doctor


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Hesperian's mobile app featured on public radio
Hesperian wins award for “Safe Pregnancy and Birth” mobile app
see all news >
Where There Is No Dentist

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- Front Matter: Cover, Thanks, Table of Contents, Introduction
- 1: Your Own Gums
- 2: Teaching Family and Friends in Your Community
- 3: Teaching Children at School
- 4: School Activities for Learning About Teeth and Gums
- 5: Taking Care of Teeth and Gums
- 6: Examination and Diagnosis
- 7: Treating Some Common Problems
- 8: Scaling Teeth
- 9: Injecting Inside the Mouth
- 10: How to Fill a Cavity
- 11: Taking Out A Tooth
- 12: HIV and Care of the Teeth and Gums

Back matter: Appendices, Resources, Vocabulary, Index

Full Book Download
Guide for Safety and Infection Control
For Oral Healthcare Missions
An education and training tool for humanitarian dental care workers
Pressure Cooker Sterilizer
Online Resources

- ADAFoundation.org/en/adaf-international-programs/international-volunteering-get-involved
- usa-icd.org
- travmed.com
- hesperian.org
- cdc.gov/travel/
- adint.org
- issuu.com/myriadeditions/docs/flipbook_oral_health
- worlddentalrelief.com/training.htm
- christiandental.org
- aseptico.com
- hscaresfoundation.org
International Volunteering: Get Involved

It is often the case that truly successful dentists stay dedicated to the profession by exploring other opportunities in the field. Volunteering your time, skills, and services for the betterment of others is one way to revitalize, strengthen, and sustain enthusiasm in your career.

As a dentist or dental hygienist, your talent is quite portable. With the aid of some basic equipment and instruments, a rudimentary dental clinic can be set up anywhere in the world. Although international volunteers tend to be practitioners in their middle years or close to retirement, those in the early years of practice, teaching, or even those still in dental school can gain a lifetime of satisfaction by getting involved. International colleagues in many developing countries are eager to learn from their U.S. counterparts as well as share their own techniques. In working closely and collaboratively with them and the local people they treat, professionals like you can do a great deal to educate people in other countries about the true nature of Americans.

While international volunteer work can be quite challenging, successfully managing and learning from these challenges makes getting involved in these unique opportunities so worthwhile.
ADAFoundation.org/internationalvolunteer
On to the breakout sessions
Breakout sessions

- Six topics per session
- Find the one that you are most interested in. Multiple people from the same organization should not attend the same topic.
- Four basic questions:
  - What are the main challenges for this topic?
  - What are current practices?
  - Can a best practice be identified?
  - Next steps?
**Breakout sessions**

- 65 minutes per session
- All substantive comments should be reported on the flip charts. This is important, as it is the record of each individual topic.
- A group reporter should be selected.
- Group presentations and summary discussions
- Consensus on a best practice, if possible
- Please stay on task and on time (American monochronicity).
Learn from each other and enjoy the day.